

The **Tri-County YMCA of the Ozarks** presents the . . .



FOURTH ANNUAL

Firecracker 5K Run/Walk

Saturday, June 23, 2012

8:00 a.m. (race-day registration opens at 7:00 a.m.)

Linn Creek City Park

\$20 Adults (13 and over)

\$5 Children (12 and under)

All proceeds support the local programs and activities of the Tri-County YMCA

Refreshments, goody bags, cash prizes, and the flattest, easiest 5K course at the Lake!



Registration Form

To register by mail, return completed registration form (one for each participant) and entry fee before June 19th to:
Tri-County YMCA, P.O. Box 541, Osage Beach, MO 65065

Name: _____

Gender (M/F): _____

Street Address: _____

Age on race day: _____

City, State, Zip: _____

Phone: _____

Entry fee: \$20 Adults (13 and older)

E-mail: _____

\$5 Children (12 and younger)

WAIVER AND RELEASE

In consideration of my participation in the Tri-County YMCA Firecracker 5K, I do hereby agree to hold free from any and all liability the Tri-County YMCA and its respective officers, employees, volunteers and members; the City of Linn Creek and its employees; event volunteers, sponsors and anyone acting for or on their behalf; and I do hereby for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims for damages which I have or which may hereafter accrue to me arising out of or connected with my participation in the Tri-County YMCA Firecracker 5K.

I do further declare myself to be physically sound and suffering from no condition or illness that would prevent my participation in the Tri-County YMCA Firecracker 5K. I acknowledge that I have either had a physical examination and have been given my physician's permission to participate, or that I have decided to participate in this event without the approval of my physician.

Signature of participant (or parent/guardian if participant is under 18) _____ Date: _____