

6th Annual Laker 5K Turkey Trot

Thanksgiving Day - 2015

All Proceeds To Benefit Lake Area Food Pantries

- Race will be held at Camdenton High School beginning at 9:00 a.m.
- Registration will begin at 7:30 a.m. Forms available at www.camdentonschools.org
- Pre-Registration deadline is Monday November 16th.
- Only pre-registered entrants are guaranteed a t-shirt.

Entry Fee: **Individuals:** Pre-Registration : \$20, Race Day : \$25

(Non-refundable) **Families of 3 or more:** Pre-Registration: \$15 per person, Race Day - \$20/ person

Make checks Payable to: Camdenton R-3 Schools

Drop off at Camdenton High School or Send To: Camdenton High School, PO Box 1409,
Camdenton MO, 65020

Age Groups by Gender

Awards

10 and under	}	Top 3 medals in each
11 - 14		
15 - 19		
20 - 29	}	1 st - Turkey 2 nd - Pecan Pie 3 rd - Pumpkin Pie
30 - 39		
40 - 49		
50 - 59		
60 and over		

Top Male/Female Runner
Plaque and Prize

Pie Eating
Contest
Winner will
receive plaque.
Limit of 15

Runners are encouraged
to bring canned or boxed
food items to help feed
the hungry.

Entry and Release form for Laker Turkey Trot

Name: _____ Phone: _____

Address: _____ City: _____ State: _____

Email Address: _____

Age on Race Day: _____ Male ___ Female ___

T-Shirt Size: Adult sizes: SM ___ M ___ L ___ XL ___ I do not want a t-shirt _____

WAIVER and RELEASE— In consideration of my entry, I, intending to be legally bound for myself, my heirs, executors, and administrators, waive and release any and all rights and claims against the persons and/or organizations affiliated with the race, Camdenton R-3 Schools, any and all sponsors of the race, volunteers and committee members while participating in or traveling to and from the 4th Annual Laker Turkey Trot. I further attest that I am physically fit and sufficiently trained for this event. I have read, understood, and agree to this release.

Signature: _____ Date: _____

(Parent must sign if runner is under 18)