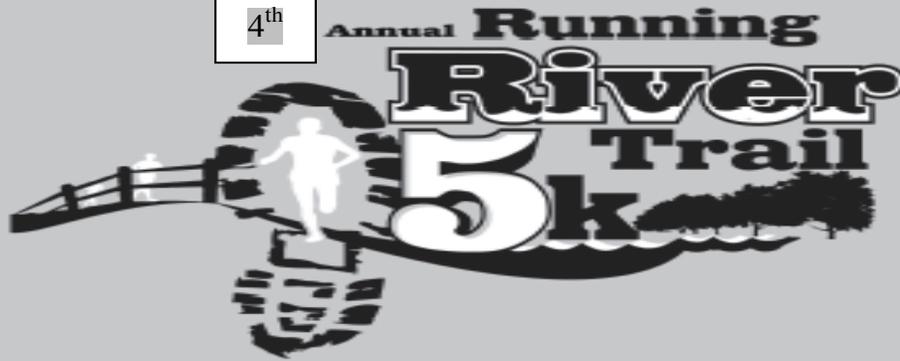


Hermitage Lions Club and the Hickory County Community Improvement Coalition

4th



Date: April 21, 2012
Location: Lake Pomme de Terre, U.S. Army Corps of Engineers Outlet Park (below the dam).
Time: 9:00 a.m.
Register: Pre-register or register on race day beginning at 7:30 and not later than 8:45 a.m.
Awards: Trophy for overall male and female champions.
 1st, 2nd and 3rd place awards in the following male and female divisions:

10 & Under	20-29	50-59
11-14	30-39	60 & Over
15-19	40-49	

Traveling trophy awarded to the Hickory County School District with greatest percentage of student body and faculty participation.

T- Shirts: First 100 entrants. Guaranteed size if registered by April 9, 2012.
Fee: \$20.00 pre-registration. \$25.00 on race day.
Course: Running River Trail through forested loop on finely rocked trail.
Website: www.nwk.usace.army.mil/pt

Stay for post-race refreshments!

Thanks to: U.S. Army Corps of Engineers, Hickory County Community Improvement Coalition, Hermitage Lions Club, Hickory County Health Department, Lucas Oil Speedway, and Teen Outreach Program (TOPS) Kids and a very special thank you to the many other volunteers who made this annual run possible!

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2012 Running River Trail 5K Entry

Circle T-Shirt Size: Adult Sizes - S - M - L - XL - XXL
 Male ___ Female ___ Age on 4/21/2012: ___ E-mail: _____
 Name: _____ Telephone: _____
 Address: _____
 City: _____ State: _____ Zip: _____

School

Name _____

WAIVER

In consideration of the acceptance of this entry in the 2012 Running River Trail 5K, I hereby waive, release, and forever discharge any and all rights and claims for myself, my heirs, executors and assigns, against the organizers of this event or any of their affiliates, agents, employees, representatives, assigns, servants, or volunteers. This release includes, but is not limited to, the U.S. Army Corps of Engineers, Hickory County Community Improvement Coalition, Hickory County Health Department, Hickory County Sheriff's Posse, Teen Outreach Program (TOPS), and their agents, employees, representatives, assigns and volunteers. This release is to include any and all claims for personal injury, illness, death or damage that may directly or indirectly result from my participation in this event. By signing below, I specify that I am in acceptable medical condition to participate in this event and that I am of sound mind to execute this waiver.

Signature of participant

Signature Parent/Guardian if participant under age 18

Contact information / completed entry forms:

U.S. Army Corps of Engineers
 Attn: Running River 5K
 Rt 2 Box 2160
 Hermitage, MO 65668
 417/745-6411
 Make checks payable to HCCIF

